Senior Spotlight

Barry Finley was born and raised in Manhattan with his mom, dad and brother. Traveling and exploring new places using public transportation was part of Barry’s life started when he was nine. He rode the public bus to attend art classes and his love of art lead him to classes at the YMAH. Barry later studied music and art in New York City. He lived in Manhattan until he went off to Syracuse University in 1958, graduating Cum laude in 1962. He continued to work on his art for years.

At the age of 26, Barry met his future wife, Teressa, while she was attending nursing school. They were married two years later. Both of them had the love of travel, so many trips were planned. They enjoyed attending film festivals in Ireland, Montreal, VT. and Switzerland. Frequent trips were made to Ireland because his wife’s background. Other countries they visited were Italy, Poland, England, Australia, Turkey, Germany, Holland, Bolivia and Israel. Each trip was an adventure that was all planned by Teressa. Although many trips were taken by just the two of them, traveling with their children was also enjoyed. Extensive family trips were made to Canada - Montreal, Prince Edward Island, Toronto, and Ottawa; Italy - Venice, Tuscany, Rome, Sienna and Cinq-terre; and India. More trips were made with each child separately.

Barry and his wife had two children. Kathryn Maeve, who was born in 1973. David Patrick was born in 1975. Due to a promotion in Barry’s job with the New York State Labor Department, they moved to upstate New York where he worked for 25 years.

In 2000, Barry’s eyesight changed and he retired. The couple traveled extensively taking one or two trips a year until Teressa died in 2019. Despite his visual handicap, Barry now uses public transportation and the local accessa- ride extensively each day. He enjoys working out and attends many Senior Centers, the theater, music shows and ballets. Since his wife died, Barry has traveled to Ireland, India and England. Also, since 2019, encouraged by his children he has started to paint again. Barry has been fortunate enough to have his art work displayed at the Saratoga, Glenville and Niskayuna Senior Centers and the Clifton Park Library.

We at the Center feel that Barry is a courageous, independent, well traveled and enjoyable person to be with. His upbeat spirit keeps him overcoming obstacles that might slow anyone else down, but not Barry!

Sending out a very special “Thank you” to Paul Olsen our new substitute bus driver. So happy you are on our team!

Vito’s Corner
“Happiness is having a large, caring, close-knit family in another city” George Burns

What is Vito reading?
Cemetery Road by Greg Iles
Ongoing Programs

- Coffee with a Cop - 3rd Tuesday
- Trips-Proctors & Armory TBA
- Tom’s Computer Clinic-1st & 3rd Tuesday
- United US–Nisky Connects-1st & 3rd Tuesday
- Alzheimers Association-1st Friday
- Lunches-Tues & Thurs from Gershon’s
- Morning Tai Chi Every Tues & Thurs-FREE
- Bocci-Indoor court available
- Pickleball Indoor Court- Thursdays
- Schenectady Art Society Saturday Workshops

You can find all of this information and up-coming events on our monthly calendars available here, Town Hall and on our website.

Books

- April “The Surgeon’s Daughter” By Audrey Blake
- May “Lions of 5th Avenue” by Fiona Davis
- June “Magic Hour” by Kristin Hannah
- July “The Night Watchman” by Louise Erdrich

The Center’s Library has received a long overdue update. Robin has been very busy organizing the books by alphabetical order of authors’ last names. If you are donating books, please put them in the basket we have provided.

From the Desk of Jason Moskowitz-Town Councilmember

Happy Spring!

I would once again like to thank you for taking time to read this edition of the Niskayuna Senior Center Newsletter. As the warmer weather finally approaches, I hope you are continuing to enjoy all the great programs that our Senior Center has to offer.

Coming up this Spring, we are so excited for our trips to Proctors, new exercise classes, and continued success with our book club, arts & crafts, and indoor sports. Information on all these activities can be found throughout this newsletter, or on the Senior Center section of our Town’s website.

Save the date – in partnership with the American Red Cross, our 2nd bi-annual blood drive will be held on April 10. Donating blood literally saves lives, and it was great to see so many of you participate in our first drive last October. If you are eligible and willing to donate, appointments can be made by visiting redcrossblood.org and using sponsor code TownofNiskayuna.

Lastly, I would like to take this opportunity to thank Chief Kochan for his involvement at the Center through our Coffee with a Cop program. Chief Kochan has participated in many activities with us, and most recently provided AED training. Keep an eye out for more upcoming informational opportunities with the Chief, or just stop by on the third Tuesday of every month for some casual conversation about our Town’s Police Department.

As always, if there is anything I can do to help any of you, please don’t hesitate to reach out. My direct phone number at Town Hall is (518) 386-4571.

I look forward to seeing you around the Center!
Mahjongg Mondays

Learn Mahjongg or just get in a game! All level of abilities welcome.

American Mahjongg Mondays is offered at 5:30pm-7:00pm at the Niskayuna Senior Center-LOWER LEVEL, use side entrances

2682 Aqueduct Road, Niskayuna, NY 12309

You must REGISTER for this program. Also, indicate if you have played before.

Email ecannizzo@niskayuna.org or call 518-372-4969 for more information. We must have a way to contact you.

Bring a drink and a snack. We have the tiles and cards.

We will be teaching in what we call the UP-Style.

You will play immediately.

NEW CLASS! Total Body Combo

This is a standing class, designed for Active Adults & Seniors.

Brought to you FREE by CDPHP

The Total Body Combination Exercise Class is focused on building STRENGTH, improving BALANCE and a LOW IMPACT CARDIO workout.

Participants may have a chair near by for assistance.

Starting May 2nd at 11am.

Niskayuna Senior Center– Upper Level

Registration is available online

Instructor Nicola MacNeil

AEA Aqua Fitness, ACE Personal Trainer

SilverSneakers Classic-Strength, Balance, Stability

Hydrorider and Lifeguard

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If you are in need of assistance with our new registration process online, you are always welcome to call 518-372-4969 for information and we will gladly assist you.

Water Aerobics w/Nicola

Stay tune for more information to come!
Transportation

We offer door to door bus transportation to Niskayuna residents aged 60+ each Tuesday & Thursday between 10:00 am - 2:00 pm, for transportation to the Senior Center for our programs & lunch, or for appointments and shopping within Niskayuna. For an appointment call (518)495-6202 to schedule transportation ($5 per day).

14 Passenger Sprinter Bus

Coffee w/ a Cop

We had a great demonstration on how to use and feel more comfortable with an AED. Chief Kochan gave many examples and answered all questions! It was very informative! We look forward to many more educational conversations in the future.

Town of Niskayuna Phone Directory

Assessor Department
(518) 386-4550
Building Department
(518) 386-4522
Community Programs
(518) 386-4526
Engineering Department
(518) 386-4520
Highway Department
(518) 785-9753
Information Technology
(518) 386-4524
Justice Court
(518) 386-4560
Office of the Town Attorney
(518)-386-4516
Parks
(518) 386-4504
Planning Department
(518) 386-4530
Police Department
(518) 386-4585
Receiver of Taxes
(518) 386-4540
Recycling and Transfer Center
(518) 491-7155
Senior Center
(518) 372-4969
Town Clerk
(518) 386-4510
Town Supervisor
(518) 386-4501
Water & Sewer Department
(518) 386-4520

Grant from the New York State Office of Children and Family Services Community Art Project-faux stained glass barn windows

Niskayuna Senior Center's goal is to build community and enrich lives of Senior Citizens of the Town of Niskayuna.

Niskayuna Senior Center
2682 Aqueduct Rd., Niskayuna, NY., 12309
518-372-4969

On your Smart Phone you can open your QR Code Reader and place it over this code, when it reads it, touch the OPEN option and the Niskayuna Senior Center Page on the Niskayuna Town Website will open up.
Blood Drive
Town of Niskayuna at Niskayuna Senior Center
2682 Aqueduct Rd, Niskayuna, NY 12309
Community Room
Hosted by: Council Member Jason Moskowitz

Monday, April 10, 2023
1:00 p.m. to 6:00 p.m.

To schedule an appointment call 1-800-733-2767 or go to www.redcrossblood.org and enter sponsor code: TownofNiskayuna

Be cool. Give blood. Come give April 1-23 for an exclusive American Red Cross and PEANUTS T-shirt featuring Snoopy as the coolest beagle in town, Joe Cool! Get yours, while supplies last - then show off your cool, kind spirit.

1-800-RED CROSS | 1-800-733-2767 | RedCrossBlood.org | Download the Blood Donor App
Welcome Wyatt Ambrose!!!

FREE Entertainment

April 20, 2023 at 12 noon

at the Niskayuna Senior Center-lower level

"Wyatt Ambrose is a guitarist, educator, and composer based in Oneonta, NY. He graduated from SUNY Purchase with a degree in Jazz Studies in 2019, where he studied with esteemed musicians such as Vic Juris, Paul Meyers, Jon Faddis, and Richie Morales.

Wyatt has performed at venues and festivals including The Bitter End, Rockwood Music Hall, Birdland Jazz Club, and Technos College ’19 Fall Festival in Tokyo. Wyatt is currently an Artist in Residence and Adjunct Professor at Hartwick College in Oneonta. Since 2020, he has worked with liberal arts and music students alike in private lessons, ensembles, and classroom settings teaching jazz, popular music, and aural skills.

Although Wyatt performs in a wide variety of styles and settings, he is an improviser at heart and seeks common ground among his diverse influences. He performs jazz standards and originals in solo, duo, and trio format, blending elements of modern jazz, hard-bop, and free-improvisation."

Town of Niskayuna Community Program
Niskayuna Senior Center 2682 Aqueduct Road Niskayuna, NY 12309

PHONE: 518-372-4969

NISKAYUNA SENIOR CENTER SPRING/SUMMER 2023
THANK YOU!

CDPHP

MVP Health Care

The Eddy

Eddy Health Alert

St Peter’s Health Partners

Cornell University Cooperative Extension of Schenectady County

ArtyLady MsD.com

New York State of Opportunity

Office of Children and Family Services

Schenectady County New York

SilverSneakers by Trinity Health

FLEX Community Fitness Classes

Gershon’s Deli and Catering

Stewart’s Shops

New York Connects

Your Link to Long Term Services and Supports